

Name: _____

Birth Partners Name: _____

Due Date: _____

I am aware that whilst these are my preferences, as labour/birth progresses my situation may change, so this plan may change.

1) Birth Partner:	7) Third Stage of Labour/Delivery of Placenta:
2) Birth Environment:	8) Skin-to-Skin/feeding:
3) Coping in Labour/Positions	9) Vitamin K:
4) Monitoring your Baby's Heartbeat:	10) Induction of Labour:
5) Birth:	11) Speeding up Labour:
6) Episiotomy:	12) Potential Complications:
13) Special Needs/Comments:	

Midwife/Doctor's Signature: _____ Date: _____